

LOW PONYTAIL INSTRUCTIONS

What You Will Need

Ponytail (color of hair)

Hairspray & Gel

Comb & Brush

Flat Iron

Step 1:

Comb out hair and part it on the dancers left side of their head.

Part should be in the middle of the eyebrow.



Step 2:

Make sure to use lots of water and gel to slick it back really smooth. No fly aways or loose hairs.

Bangs should be parted down towards the ears and then back (don't slick it all directly backwards)



Step 3:

Gather hair into a low ponytail. Make sure it is smooth and slicked back, as you do it. Use a ponytail holder that matches the color of your hair.



Step 4:

Make sure the ponytail is stick straight. Use a flat iron to make sure the hair is completely straight. No curly, frizzy or wavy ponytails.

There must not be any fly aways at any point of the day – be prepared to hairspray all day long!

